

"PICTURE REGULAR COUNSELLING, BUT INSTEAD
OF AN OFFICE, YOU'RE HIKING AND TALKING
ABOUT LIFE OUT IN NATURE"

HIKING BASED ADVENTURE THERAPY

Out of the Box. Out of the Office.
Counselling for People Who Don't Like
the Idea of Counselling

HURON NATURAL AREA:
KITCHENER

GET OUT ADVENTURE THERAPY
WWW.GETOUTADVENTURETHERAPY.COM